Martie Du Plessis
NUUSBRIEF

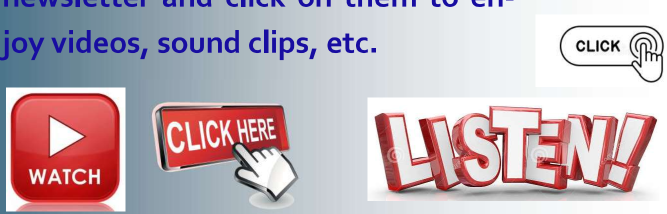
KWARTAAL 2, 2025 91 Du Plooy Cres. Tel: 0515226801 mdupschool@mdup.co.za

Ontmoet Mnr. & Mej Martie!

Rubin du Toit & Anica van Vuuren

Enjoy an INTERACTIVE EXPERIENCE while reading our newsletter.

Be on the look-out for these icons throughout the newsletter and click on them to enjoy videos, sound clips, etc.



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From the desk of the principal...

School is so much more than just learning facts and teaching skills an yet I think that sometimes parents and learners don't always understand that school is actually preparing learners for the real life that awaits them after Grade 12.

For this reason, I would like to ask Parents and Guardians to help us to make the following daily habits:

Take pride in being present

Learners must attend school and absenteeism or fetching them from school should only be in exceptional cases where learners are really sick. We have so many cases where learners dictate to their parents. We do not teach our kids anything about work commitment and work ethics if we allow this to take place.

> In the Work environment taking responsibility to be present and do your job is not negotiable. Have you prepared your child by understanding that it is not whether you want to attend, you have to attend because it is the right thing to do?

Responsibility every day

Learners need to understand that they must do their Homework diligently every day and take pride in what the do. They also need to understand that they must study the work done in class every day. Nobody has ever achieved success in doing as little as possible.

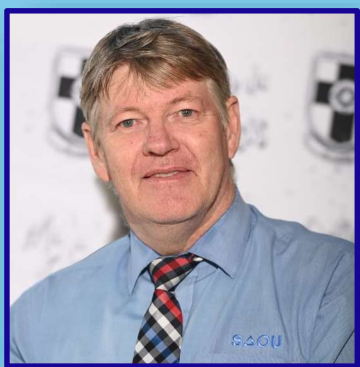
> In the Work environment doing what is expected as well as you can is not negotiable. Have you prepared your child by the routines and ensuring accountability you have set?

Following rules

We do not have to agree with all the rules of the road, but we have to follow them. Unfortunately, we often see learners not following the rules of the school. This is when parents should strengthen our hands and stand up to reprimand their child and not work against the school.

> In the real life we do not have the choice on what rules we want to follow or whether the guy in front of me was also speeding and didn't get caught. It is about did you follow the rule and if not face the consequences. If we do not teach this to our children, we are telling them that they do not need to follow rules, someone will always bail you out.

May God give you the insight to know that what we teach our children in terms of values and ethics will one day become the lifestyle that will set them apart from other people without values and ethics. But may we also understand that what we allow our children to get away with will become the habits that they will live by that will destroy their future careers an even future relationships with people.



Nobody said doing the right thing is going to be easy, but doing the right thing is not negotiable to ensure a bright future for your child.

Let us work together so that we can see each child succeed and maximise his/her potential.

Mnr. F. Van Heerden

Van die lessenaar van die Skoolhoof

Om hierdie rede wil ek ouers en voogde vra om ons te help om die volgende daaglikse gewoontes aan te leer:

Wees trots daarop om afwesigheid te beperk

1. Leerders moet skool bywoon en beperk afwesigheid en om leerders tydens skoolure vroeg te kom haal, behalwe in gevalle van werklike siektes. Ons het soveel gevalle waar leerders ongelukkig ouers beïnvloed Ons leer ons kinders niks oor toegewydheid en werksetiek, as ons dit toelaat nie.

In die werksomgewing is dit nie onderhandelbaar om verantwoordelikheid te neem en om op te daag vir werk nie. Berei u, u kind voor deur te verstaan dat dit nie gaan oor wat jy lus is om te doen nie, maar dat jy moet skool bywoon, omdat dit die regte ding is om te doen?

Verantwoordelikheid elke dag

2. Leerders moet verstaan dat hulle, hul huiswerk elke dag ywerig moet doen en trots moet wees op wat hulle doen. Hulle moet ook verstaan dat die werk wat in die klas gedoen word, elke dag moet leer. Niemand het nog ooit sukses behaal deur so min as moontlik te doen nie.

In die werksomgewing is dit nie onderhandelbaar om werk so goed as moontlik te doen nie. Berei jy jou kind voor deur die roetines en verantwoordelikheid wat jy van hom/haar verwag?

Volg reëls

3. Ons hoef nie met al die padreëls saam te stem nie, maar ons moet dit volg. Ongelukkig sien ons dikwels leerders wat nie die skool se reëls volg nie. Dit is in sulke gevalle, waar ouers ons hande moet versterk en hulle kind moet berispe en nie teen die skool werk nie.

In die werklike lewe het ons nie die keuse oor watter reëls ons wil volg en of die persoon voor my ook te vinnig gery het, en nie gevang is nie. Dit gaan daaroor of jy die reël gevolg het en indien nie, moet jy maar die gevolge dra. As ons dit nie vir ons kinders leer nie, sê ons vir hulle dat hulle nie reëls hoef te volg nie, iemand sal jou altyd kom help om die gevolge vry te spring.

Mag God u die insig gee om te weet dat wat ons ons kinders leer in terme van waardes en etiek, eendag die leefstyl sal word wat hulle sal onderskei van die sonder waardes en etiek. Maar mag ons ook verstaan dat wat ons ons kinders toelaat om mee weg te kom, die gewoontes sal word waarvolgens hulle sal leef en wat hul toekomstige loopbane en selfs toekomstige verhoudings met mense moontlik kan vernietig.

Niemand het gesê om die regte ding te doen gaan maklik wees nie, maar om die regte ding te doen is nie onderhandelbaar om 'n blink toekoms vir u kind te verseker nie.

Kom ons werk saam sodat ons kan sien dat elke kind suksesvol is en sy/haar potensiaal verwesenlik.

Mnr. F. Van Heerden

Parent Forum Supporters

PARENT FORUM

We have yet again had a successful term with Donut Sale, Mother & Daughter Tea and Father & Son Braai. (See page 7.) Thank you all for your support!

OUDLERLINGE PRESTEER

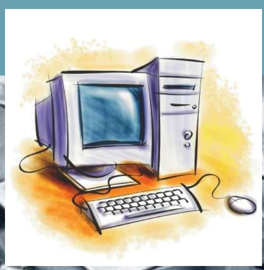
Hanro Nel en Wallie Arpin

—Klas van 2024

Hanro Nel en Wallie Arpin studeer tans albei by CTU vir 'n vierjaar-kwalifikasie as Software Developers.

Hulle het pas hul eerste internasionale Microsoft Azure eksamens geskryf en goed geslaag.

Ons is ongelooflik trots op hul albei!



Oud-leerling Ero Aresti het pas haar graad in Besigheidsadministrasie ontvang. We are super proud!

FUNDRAISING

SPELLING COMPETITION

Uniform Shop

What's Happening

CARS IN THE PARK

This event took place on 1 May and was as always a great success!

Save this date!

MR. & MISS MARTIE

1st Prince & Princess

Jandre' Opperman

Codi Pakkies

2nd Prince & Princess

Vusi Mngomezulu

Thato Mohapi

Congratulations to Mr & Ms Martie 2025

Anica van Vuuren

Rubin du Toit

MOTHER & DAUGHTER TEA

bloemnuus.co.za

Skool, ouers, leerlinge bou drome

by Lientjie Mentz in News on 15 May 2025

Martie du Plessis se Ma-en-dogtertee is vanjaar 'n tweede keer deur die skool se Ouerforum aangebied, op Saterdag 10 Mei.

Dit was 'n heerlike bederfdag vir meisies van die Martie du Plessis-skool wat saam met hul Ma's en ander ouerfigure gekuier het.

Martie du Plessis se Ma-en-dogtertee is vanjaar 'n tweede keer deur die skool se Ouerforum aangebied, op Saterdag 10 Mei.

Johan Vorster, voorsitter, sê Ouerforum reël kwartaaliks aktiwiteite en geleenthede vir leerlinge, ouers en onderwysers.

Dié groepie wat die Martie du Plessis-skool se Ma-en-dogtertee saam geniet, is van links Anne Hammond (gr.9) en Sonja Coetzee (gr. 10), met Suzanne Venter en haar dogter, Zandri (gr. 10).

So is geld wat met projekte van die skool se Ouerforum ingesamel is, gebruik om 'n ekstra hek by die skool te bou, vertel Vorster.

"Ouerforum bied elke ouer die geleentheid om by Martie du Plessis betrokke te wees, en só 'n betekenisvolle verskil te kan maak waarby elke kind in die skool baat."

Die hoof van die Martie du Plessis-skool, Francois van Heerden (links), saam met die komitee...

"Ons bied dit aan om leerlinge en hul ouers hoop te gee."

Ouers kry só die geleentheid om, saam met terapeute en onderwysers, leerlinge se drome te herbou.

Benewens die Ma-en-dogtertee het die skool se Ouerforum vanjaar al 'n Valentynsdagsgeselligheid, 'n ouerdansparty, pa-en-seun-aande en 'n roomysverkoping aangebied.

Bykomend tot sosiale interaksie wat dit bied, word die geleenthede gehou vir geld om die skoolomgewing op te knap en te verbeter.

FATHER & SON BRAAI

"To build a relationship with your son you need time.

Do not believe the lie quality time vs quantity time, make time for your kids.

We must remember to tell each other we love each other more." - Mr Almero

AKADEMIESE UITSTAPPIE

Die S5-klas het op 22 Mei 'n uitstappie onderneem deur Bloemfontein as deel van hul leerervaring. Tydens die besoek het hulle verskeie belangrike geboue en landmerke in die stad verken. Die leerders het die dag opbouend en besonders geniet.

TOP TIEN

Gr.7

Reon Diedericks
Charlene de Lange
Rati Kome
Ruan van Vuuren
Bryann Mutamba
Christiaan van Straten
Jaydon Volschenk
Wynand Taute
Arnaldo Myburgh
Nicisha Slabbert

Gr.8

SJ Pretorius
Paballo Shelile
Loane Stroebel
Mikaela vd Westhuizen
Arie du Plessis
Jaco van Zyl
Zoë Swart
Jaydon Nel
Reichardt Venter
Matthew Brits

Gr. 9

1. Dimitri Marais
2. Manu-Ela Badenhorst
3. Rynhardt De La Rosa
4. Yolanda Kabinga
5. Gugu Sigudla
6. Ra'ees Nooroodien
7. Anne-Lee Hammond
8. Brandon Du Randt
9. Tyreque Henry
10. Luhandre Opperman

Gr. 10

1. Paul-Anthony vd Watt
2. Zanri Venter & Estiaan Pretorius
3. Luhan Vorster
4. Sonja Coetzee
5. Jaybee Farmer
6. Marietha Smit
7. Staan Steyl
8. Omosa Gaeswe
9. Mpho Monyamane
10. Gabriël de Preez

Gr.11

1. Douw du Plessis & Benjamin de Winnaar
2. Itumeleng Smith
3. Ulrich Köhne
4. Danté Maritz
5. Ruben van Aswegen
6. Therion Stapelberg
7. Emma Beukes
8. Karl Isted
9. AJ van Heerden
10. Janine Bezuidenhout

Gr. 12

1. Belinda Scheepers
2. Katleho Lebelo
3. Donné Morgan
4. Mckayla Mans
5. Jessica Mitchell
6. Anica van Vuuren
7. Rubin du Toit
8. Naledi Nhlapo
9. Izalda Kriel
10. Hloni Monatisa

FET TOP 10

each learner
to reach their full potential
ONE
GOAL
Gr. 12

Gr. 11

to reach their full potential
Gr.10

POSITIEWE TERUGVOER: LAERSKOOL

Congratulations

Intermediate Phase

Top 10

Keletso Lekata, Olebogeng Sebitso, Patric Fang, Lea Kuipers, Corlia Hamman, Chris-topher Van den Berg, Martin Erasmus, Ongaka Songca, Nelri Maree, Malan Lourens

Emma de Wee, JJ Swart, Caleb van de Walt, Leney van der Merwe, Olwethu Mhlanggenyelwa, Christi Pretorius, JG Bar-nard, Elnathan van den Heever, Reynhardt Pottas

Peet van Rooyen, Laché Swanepoel, Kekeletso Mofana, Aphiwe Makhaza, Car-lyle Brand, Gabriel Jardim, Luca van Vuuren (absent), Steven Wainwright, Angelique Latsky, Dehan van Niekerk (absent)

FOUNDATION PHASE NEWS

Beloningsaand

Graad 1	Graad 2	Graad 3	SO
Liandri Husselman	Isabel de Wit	Milan Cronje	WJ du Plessis
Stian de Vos	Emma Stevens	Luhan Crous	
Pedro Achadinha	Keisha Conley	Tyler vd West	
Wané van Rooyen	K'win Beck	Atisang Moreki	

LIBRARY

Library is open:
Monday & Thursday 1st break

High school learners can come, use internet and print - Tuesdays second break.

Hostel learners can come, use internet and print - afer school until 14:30

Print = 50c a page
(money must be given beforehand)

Congratulations!!! Keep up the hard work!!! We are very proud of you!!!

FOUNDATION PHASE NEWS

Today al the brave princesses, bold knights and colorful characters stepped out of their books to celebrate World Book Day together.

GRONDSLAGFASE NUUS

Fire Station Visit

Driewieldraai

Bloem Skou • Show CARNIVAL 25 April - 3 May 2025

D
I
Y

A term
Full of
fun

SKOOL SE VERJAARDAG

9 MEI

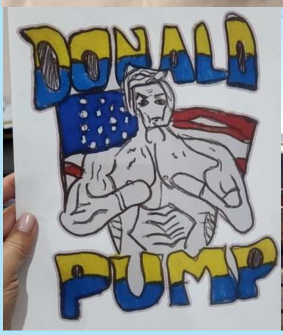
GUEST SPEAKER : TEBOGO RALETEKI

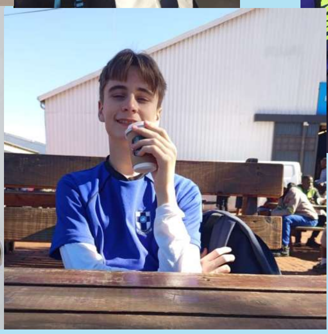
Vir die skool se 68ste verjaardag het die Gr.10E Ontwerpleerlinge moderne POP ART Tannie Martie portrette geskep...

DESIGN

Bloem Show Visit

Grade 10 t-shirts

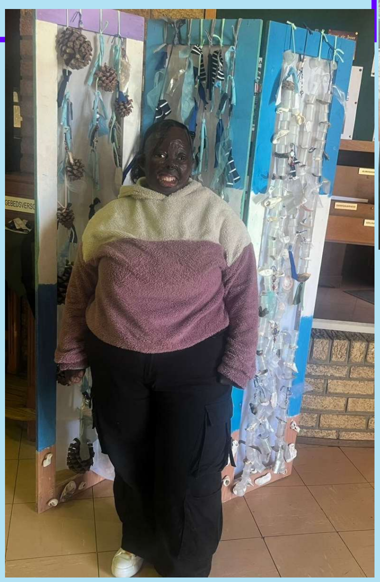




Grade 12 Lamps & Clocks

Fashion Design

The work of some of our Design learners were displayed at a High Tea and Fashion Show focusing on RECYCLING at Fichardtkruin Church. Cheryldene Koen Gr. 11 won 2nd place for her recycled outfit, while Dimakatso Koto won first prize for her painted upcycled jeans and tie dyed top. Well done!



SHOW ENTRANTS

Bloem Skou · Show CARNIVAL 25 April - 3 May 2025

Grade 10:

Charlene Wolf

Lola Mohapi

Manana Dinthe

Lebohang Kojana

Gr. 11:

Anneke Viljoen

Eska van Zyl

Ruhan Louw

Gr. 12:

Damian James

Mia Janse van Vuuren

EXTRA-MURAL

HOCKEY

Uitslae soos volg:

O/18D Dogters:

JF 3 (Verloor 0-1)

Bfn (Gelyk 1-1)

OMS 4 (Verloor 0-6)

Ladybrand (Verloor 0-2)

OMS E (Gelyk 2-2)

Sand du Plessis (Gelyk 0-0)

O/18B Seuns:

Ladybrand (Gelyk 0-0)

Bfn (Wen 1-0)

Saints 3 (Verloor 0-1)

Beginners dogters:

OMS 4 (Verloor 1-2)

Fichardtpark (Verloor 0 -7)

Sand du Plessis (Verloor 0-1)

Brebner (Wen 5-0)

Ladybrand (Verloor 0-7)

O/16C Seuns:

Dr. Viljoen (Wen 6-0)

JF C (Wen 2-0)

Fichardtpark (Wen 5-1)

Brebner (Verloor 0-1)

Daar volg nog wedstryde dan kan ons die finale bepalings kry vir semi's en finals!

RUGBY

Ons hoofseun, Jandre Opperman is gekies vir die Vrystaat span. Baie geluk!

CHESS

Ons Gr. 4-7 skaak leerders het hierdie kwartaal aan 'n skaak liga deelgeneem by NG Kerk Hugenote. Die leerders het goed gevaar en dit baie geniet.

Ad-LUCEM SPORT

AD-LUCEM SPORT:

The SASAPD National Championships took place from 28 March 2025 till 2 April 2025 in Gqeberha.

Para-Cycling

Martie du Plessis School proudly celebrated the achievements of its talented para-cyclists who competed at the Toyota SASAPD National Championships, held from 28 March to 2 April 2025 in Gqberha. Representing the Free State, our cyclists did exceptionally well across all three para-cycling events: track, time trial, and road race.

Congratulations to our incredible para-cyclists:

- Sibongile Bazine
- Lehloane Leshoro
- Denzil Mokone
- Jimmy Ozoude
- Raynardt Labuschagne
- Nicisha Slabbert
- Cristiano Nieman
- Vian Bonthuys
- Valerie Cooper

Izak van der Merwe

As part of the victorious Free State team, they helped secure **first place** in the para-cycling team competition. Together, they brought home an outstanding **32 gold medals, 5 silver medals, and 3 bronze medals**!

A special shout-out to **Cristiano Nieman**, who broke two South African records in the 1000m and 3000m track events — an extraordinary achievement! We are incredibly proud of each of you.

CP Soccer

Well done to **Tshepang Nhlapo**, who represented the Free State CP Soccer team at the Toyota SASAPD National Championships. Tshepang played with great heart and skill, contributing to the team's strong performance, finishing **fourth** overall. Excellent work, Tshepang!

Boccia

Naledi Nhlapo represented the Free State boccia team at the Toyota SASAPD National Championships. She played exceptionally well and received a silver medal for BC4 female individuals and a bronze medal for BC4 mixed pairs. Naledi is also currently number 1 BC4 female in South Africa and is included in the SASAPD Boccia team that will represent South Africa at the 2025 Cairo World Boccia Africa Regional Championships in Cairo Egypt 28 July – 3 August. Well done Naledi!!

ATHLETICS

ASA-uitblinkers!

Joane de Bruyn

When your legs get tired, run with your heart.

Joanè de Bruyn, ‘n uitstekende middel- en langafstand atleet het gekwalifiseer vir die ASA o/12, o/18, o/20 & o/23 *Track & Field* kampioenskappe te *Greenpoint Stadium*, Kaapstad op 27 Maart 2025.

Wat ‘n ongelooflike voorreg en eer om ‘n uitmuntende prestasie te kon lewer van ‘n algehele 4de plek in die vroue o/23 5000m.

Ons is ongelooflik trots op jou, Joanè, en so dankbaar dat jy nogsteeds ons skool se naam hoog hou!

Joanè het ook deelgeneem aan die ASA Senior Kampioenskappe in Potchefstroom op 24 April 2025 waar sy 11de was in die Senior Vroue 5000m.

Joanè en haar aflosspan het ook ‘n brons medalje verower in die *mix relay* 4x400m.

Baie geluk, Joanè!

Joanè is ook ingesluit in die Vrystaatspan vir die ASA Half-Maraton Suid-Afrikaanse Kampioenskappe wat op 26 Julie 2025 gaan plaasvind in Phalaborwa.

Joanè, jy maak ons ongelooflik trots.

Keep running!

Rubin du Toit

The sky is the limit!

Rubin du Toit, ‘n kranige hoogspringer, het dit al vermag om 4 keer hierdie jaar 1.95m te spring!

Rubin het ook gekwalifiseer vir die ASA o/12, o/18, o/20 & o/23 *Track & Field* kampioenskappe te *Greenpoint Stadium*, Kaapstad op 27 Maart 2025.

Wat ‘n ongelooflike voorreg en eer om ‘n uitmuntende prestasie te kon lewer van ‘n algehele 12de plek in die mans afdeling o/23.

Rubin is ook uitgenooi om aan die ASA kampioenskappe deel te neem, maar weens omstandighede kon hy ongelukkig nie.Op hierdie stadium lê Rubin algeheel 3de in hoogspring onder alle ouderdomme!

Baie geluk, Rubin! Ons is ongelooflik trots op hoe jy ons skool se naam steeds hoog hou!

Keep on touching the sky!

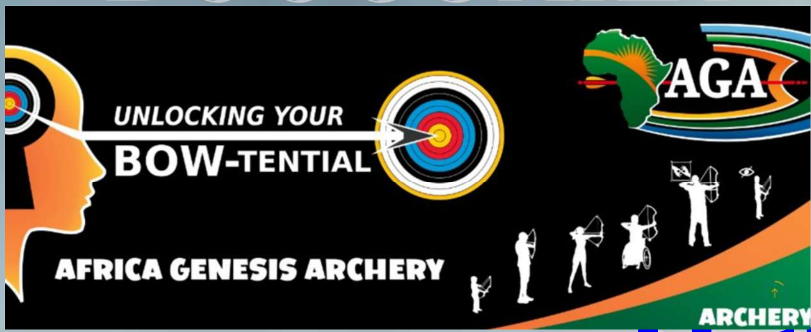
JUDO

This year marks the first time that learners from Grades 4 to 6 have had the opportunity to participate in Judo. The learners have thoroughly enjoyed the experience and quickly mastered several impressive techniques.

They took part in two competitions during the term, both of which were highly successful. Congratulations to Xander Cromie, Handsome Lipheko, Patrick Fang, Lindu Lephoto, Josua Smith, AJ Dreyer, and Rigter Horn, who all brought home medals.

We are especially proud of Lindu Lephoto and Xander Cromie, who have qualified to compete at the South African Judo Championships later this year. We wish them every success as they continue to represent the school with excellence.

BOOGSKIET



Trots op ons nuwe skietbaan!

Op 12 April 2025, het Martie du Plessis skool en Curro skool 'n gesamentlike liga boogskiet wedstryd aangebied. Tydens die geleentheid is Martie du Plessis se splinternuwe boogskietbaan ook geopen en ingewy. Dit was ook die eerste keer wat so 'n kompetisie by Martie du Plessis aangebied is. Daar het Saterdag 187 skuts deelgeneem waarvan 15 van die skuts van die Martie du Plessis Skool was. Skuts het van sover as Orkney, Sasolburg, Klerksdorp, Virginia, Kroonstad en Bethlehem gekom om deel te neem.

Ons was baie bevoorreg dat ons skoolhoof, Mnr Francois van Heerden die visie gehad het saam met die skool se beheerliggaam om vir die boogskietspan die fondse beskikbaar te stel om 'n eie boogskietbaan te bou – 'n eerste in die Vrystaat. Dit help baie met oefeninge dat die baan klaar opgestel is en dat leerders net die boë en teikens kan uitpak wanneer die oefeing begin

Martie du Plessis doen al baie lank boogskiet by die skool met "recurve boë" maar het die afgelope vier jaar oorgeslaan na die "Genesis original boog" wat 'n " Compound boog is wat van 12- 20 pond toe kan stel. Die rede vir die verandering was dat dit meer geleenthede vir deelname aan kompetisies vir die leerders gebring het. Leerders neem deel aan ligawedstryde, kan kwalifiseer vir die Vrystaatproewe en kan dan gekies word vir die Vrystaatspan wat aan die Nasionale Kampioenskap wat die jaar in Limpopo aangebied word, gaan deelneem.

AGA boogskiet het ontwikkel in ons land uit NASP (National Archery of Schools Project) waar leerders gedurende skooltyd, aan boogskiet as deel van 'n program kan deelneem. Suid-Afrika se onderwys stelsel laat dit egter nie toe nie, weens finansiële kostes asook die leerplan wat ons volg.

In die eerste jaar nadat ons oorgeskakel het na AGA boogskiet, het ons net een seun gehad wat aan die ligawedstryde deelgeneem het en wat gekwalifiseer het om aan die Vrystaatse proewe deel te neem. Die skool was baie dankbaar dat sy ouers solank vir hom 'n eie boog kon koop en kon vervoer na die wedstryde. Dit het vir Deon Visser wat tans gr 10 is, baie beteken.

Die getalle leerders wat aan boogskiet deelneem by Martie du Plessis, het ook mooi gegroei in die laaste jare. Die sportperiode wat tydens skoolure ingebring is, het baie gehelp om aan meer leerders blootstelling te bied aan die sport. Boogskiet by ons skool bied die geleentheid vir leerders van verskillende ouderdomme, gestremde leerders wat in 'n rolstoel is, tot leerders met leergestremdhede om aan 'n sport deelneem waarin hulle kan presteer. By AGA gaan dit oor die gesin en dinge saam doen en selfs Pa en Ma kan betrokke raak. Ouer en kind kan met dieselfde boog skiet – net 'n verstelling op die boog is nodig. Ons het al 3 ouer pare wat saam met hulle kinders skiet.

Tydens die wedstryd skiet die skuts vier vlugte op 10 m waarvan die eerste rondte 'n oefenvlug is en dan weer vier vlugte op 15 m waarvan die eerste weer 'n oefenvlug is. Die telling aan die einde van die wedstryd tel dan uit 300 punte.

Dis baie lekker om te sien hoe die kinders ontwikkel. Van die beginners wat sukkel om die boog se snaar styf te trek tot waar leerders reeds 50 uit 50 tellings behaal. Ons was baie bekommerd oor die weer en dat reën ons eerste kompetisiedag sal bederf, maar dit was 'n mooi, sonnige dag waar leerders en volwassenes hulle passie kon uitleef as boogskutters. In elke boogskutter se hart is daar 'n Robin Wood of Wilhelm Tell wat graag sy beste wil lewer.

Uitslae:

JG Barnard in Graad 5 verwerf 'n goue en silwer medalje by die twee kompetisies van Martie du Plessis Skool asook Curro. Zieta van Zyl- Oudleerder (2024)- Wen die volwasse vroue afdeling by Martie du Plessis Skool met 'n goue medalje.

FOTOGRAFIE

Bloem Skou • Show CARNIVAL 25 April - 3 May 2025

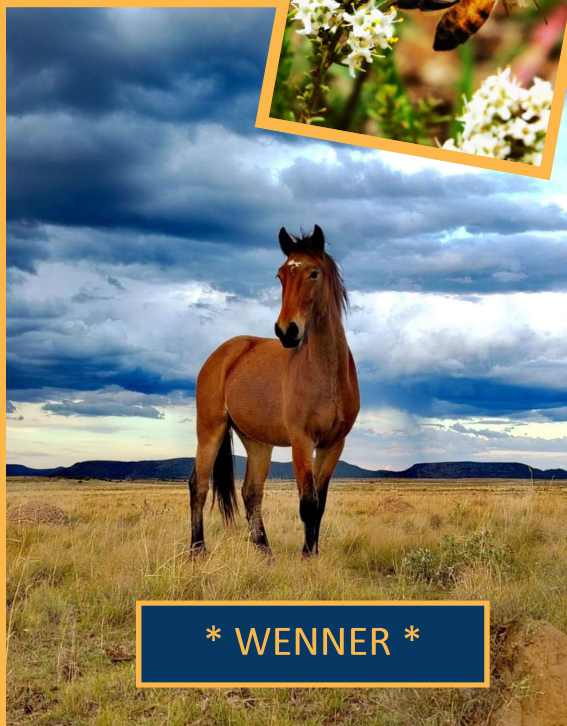
UITSTAANDE PRESTASIES

Eska van Zyl - Beste Amateur Fotograaf, Bloem Skou 2025

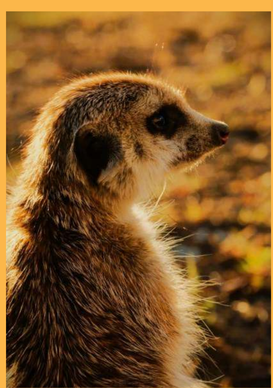
Twee van ons talentvolle fotografie-leerders het onlangs aan die Bloem Skou se fotokompetisie deelgeneem en uitstekende prestasies behaal.

Mia J. van Vuuren (Graad 12) het vier foto's in die volwasse afdeling ingeskryf, waarvan een 'n tweede plek verower het.

Eska van Zyl (Graad 11) het ses foto's in die hoërskoolafdeling ingeskryf. Sy het 'n derde plek sowel as vier eerste plekke in verskillende kategorieë verwerf. Daarbenewens is een van haar foto's aangewys as die algehele wenner van die kompetisie, en sy is vereer met 'n trofee as Beste Amateur Fotograaf tydens die prysuitdeling.



* WENNER *



Baie geluk aan Mia en Eska met hul besonderse prestasies!

Christian in Action

Dear Parents,

Proverbs 22:6 reminds us, *“Train up a child in the way he should go; even when he is old he will not depart from it.”* This timeless wisdom highlights the vital role we play in shaping the values, faith, and direction of our children’s lives.

At **Christians in Action**, we are committed to walking alongside you in this important journey. Our aim is to help nurture a strong moral and spiritual foundation in your children, grounded in Christian values and biblical truth.

To support this mission, we hold weekly **faith-building sessions every Thursday during first break**. These gatherings provide a safe, welcoming space for learners to grow in their faith, connect with others, and explore how to live out Christian values in their daily lives.

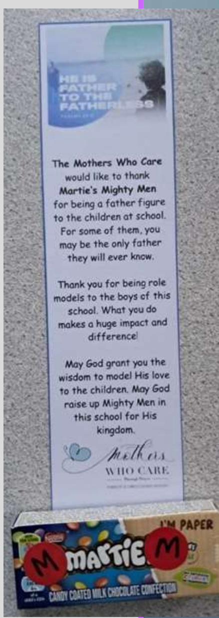
Unfortunately, we’ve noticed that attendance at these sessions has been very low. We would like to kindly appeal to you, as parents and guardians, to encourage your child to take part. Your support can make all the difference in helping your child grow in faith and character. Let’s work together to ensure that our children are not only academically prepared for the future but spiritually grounded as well.

Mothers Who Care (MWC) originated in the autumn of 1984 in Canada. Concerned mothers of teenagers worried about the negative influence their children were facing. Convinced of the power of prayer, they began interceding for their children and the school environment.

John and Mary-Jean Tempelhoff settled in South Africa and started Campus Crusade for Christ locally in 1972. In 1990, Mary-Jean gathered a group of women and shared the MWC ministry with them. Consequently, MWC was established in South Africa and continues to grow from strength to strength today.

The intention is to meet once a week to pray for the school as the Holy Spirit leads, including:

- Praying for their children to receive Jesus Christ as their Lord and Saviour and to stand boldly in their faith.
- Praying for other students, teachers and admin staff to come to faith in Jesus Christ.
- Praying for Christian teachers and admin staff in the school.
- Praying for high moral standards and biblical perspectives in the school.



The Mothers who Care started to pray in 2021 at Martie du Plessis School. We are grateful for the opportunity to pray for the staff and learners of this school.

The Mothers who Care had to opportunity to pray for the male staff of the school before Father’s Day and reminded them of the important role that they are playing as Martie’s Mighty Men in the school.

The Mothers who care in Bloemfontein are all praying for Kamohelo Baukudi and his family. We are also praying for children and teachers who lost loved ones during this term.

Romans 15:13 “*May the God of hope fill you with all joy and peace* as you trust in him, so that you may overflow with hope by the power of the Holy Spirit.”

Ons bid vir... Esti & Elri

Ma-dogter liefde

Ons as skool bid al vir 'n geruime tyd vir Elri Pretorius, 'n graad 11-leerder, se genesing. Soms beantwoord God gebede op 'n ander manier as wat ons verwag het. Hierdie keer stuur Hy 'n liefdevolle mamma om vir haar eie kind 'n tweede kans op lewe te gee. Mamma Esti, woonagtig in Bultfontein, skenk haar een nier aan Elri, en die operasie word – ná 'n lang wag – op **5 Julie 2025** uitgevoer.

Elri se storie het in Junie 2023 begin nadat sy griep gekry het. Na drie reekse antibiotika is sy op 6 Julie gehospitaliseer. Bloedtoetse, skanderings en verskeie biopsies – waaronder 'n beenmurg- en nierbiopsie – is gedoen, en sy is gediagnoseer met aggressiewe, akute Lupus Nephritis, fase 5. 'n Hoë lupus-telling het daartoe gelei dat Elri vier maande aaneen in die hospitaal was, waarvan die grootste deel in die ICU.

In dié vier maande het sy daagliks dialise ontvang. Bloedklonte het in haar longe gevorm; sy het Clostridium difficile opgedoen; haar bloeddruk was 167/126 en wou nie daal nie; sy het sepsis ontwikkel; was 'n tyd lank op 'n ventilator; en het antibiotikaweerstandigheid getoon. Dit was van die reuse wat Elri moes oorkom – maar sy het dapper teruggeveg vir haar lewe.

Dit was reeds 'n wonderwerk toe Elri daardie dag ontslaan is – alhoewel met 'n permcath. Sy ontvang steeds elke tweede dag dialise, wat baie uitputtend is. Tog floreer sy as geliefde koshuisinwoner en presteer akademies.

Ons vra steeds voorbidding vir hierdie geliefde ma-dogter-kombinasie, en bid dat God se hand met hulle beide sal wees tydens die prosedure en die aansterkingsproses.

Kamogelo

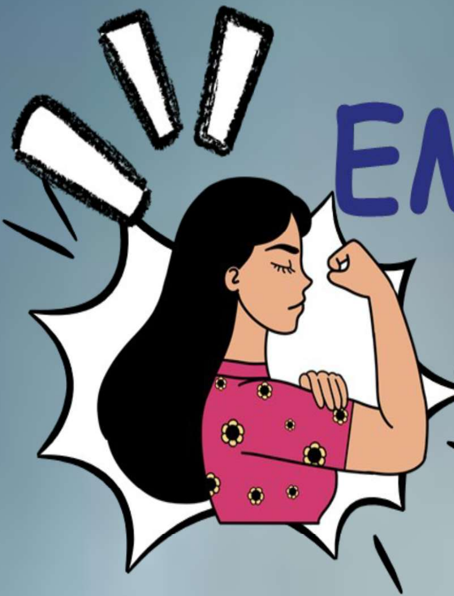
Missing learner found!

We thank our Heavenly Father for His loving-kindness, returning Kamogelo safely to his family on 27 June 2025.

We express our gratitude to every person in the Martie du Plessis community and beyond who prayed for Kamogelo and his family and the SAPS for their efforts in tracing Kamogelo and for the arrests they have

What You Can Do to Stay Safe from Police Impersonators

- Always ask for identification when pulled over
- Take photos discreetly of number plates or uniforms
- Call 10111 immediately to verify if the stop is legitimate
- Avoid pulling over in isolated areas
- Share your live location with someone you trust when driving alone



EMPOWERMENT

"ADHD is not about won't – it's about can't yet. With understanding, structure, and support, our kids can thrive."

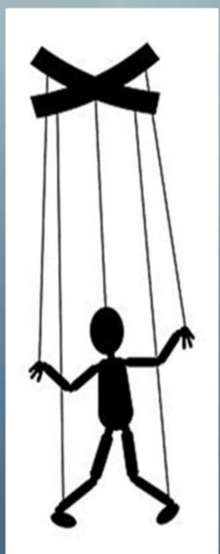
ADHD

RECOGNIZE NORMALIZE EMBRACE

Awareness Workshop

On Saturday, 24 May, we held a helpful and interactive session for parents, teachers, and therapists to learn more about ADHD. A counsellor, paediatrician, and two of our school's teachers shared their knowledge about what ADHD is, how medication can help, and how to support children with ADHD both at home and in the classroom. We also spoke about common myths and misunderstandings around ADHD, helping to clear up confusion and build greater empathy. The session was well-received and gave everyone a better understanding of how these children think, feel, and learn. We encourage more parents and professionals to attend future sessions like this, as they offer valuable support and practical advice for working with children who think differently.

Addiction



On Saturday, 17 May, our school hosted an important and eye-opening session on addiction. The presenters were the director of Aurora Addiction Recovery Centre and Marinel, our school's social worker. They spoke about the different types of addiction people face in everyday life—ranging from substance use to technology—and the challenges that come with it. The session also focused on how to seek help and support others who may be struggling. It was a powerful and much-needed conversation that helped raise awareness and encouraged understanding and compassion.

OCCUPATIONAL THERAPY

Occupational Therapy = FUN!

This autumn has brought more than just golden leaves — it's brought giggles, teamwork, and plenty of therapeutic benefits! Our Grade 4 and Grade 5 OT groups celebrated the season with a lively "leaf war" outdoors.

Never underestimate the power of nature to support therapy goals like sensory stimulation, bilateral integration, teamwork, motor planning, and emotional regulation. Who knew crunchy leaves could offer so much learning — and laughter?

KOSHUISKOFFIE

Vars en lekker nuus uit die koshuisgange!

Hostel Fun Weekend
Unforgettable vibes with Karaoke, Pottery, and Musical Instruments.

ELKE PROPPIE TEL!

Die koshuis is besig met die proppie projek. As ons 450 kilogram se proppies insamel dan kan die skool 'n rolstoel verniet kry!

Help ons om n verskil te maak in iemand se lewe. Bring jou proppies na die koshuis se kombuis toe.

BAIE DANKIE aan almal wat al reeds proppies gebring het.

STAFF NEWS

Juf. Marina tree af...

Liewe Juffrou, Marina
Baie dankie vir al die jare van geduld, wysheid en liefde wat u met soveel passie gedeel het. U het 'n onuitwisbare merk op baie lewens gelaat. Mag u aftrede vol rus, vreugde en mooi herinneringe wees. Geniet hierdie nuwe hoofstuk – dit is welverdiend!

Juf. Amber Oorplasing

Dear Miss Amber
Wishing you all the best on your new journey! May your move bring you happiness, new adventures, and exciting opportunities.

You will be missed!

Juf. Pauline se baba...

Baie geluk aan Juffrou Pauline met die geboorte van haar dogtertjie, Silvery op 22 Mei. Mag sy baie vreugde verskaf.

Ons is saam met julle dankbaar vir haar koms.

Juf. Simone se GROOT DAG!

Baie geluk, Juffrou Simoné
Mag julle huwelik gevul wees met liefde, geluk en seën op elke pad wat julle saam stap. Alles van die beste vir die toekoms!

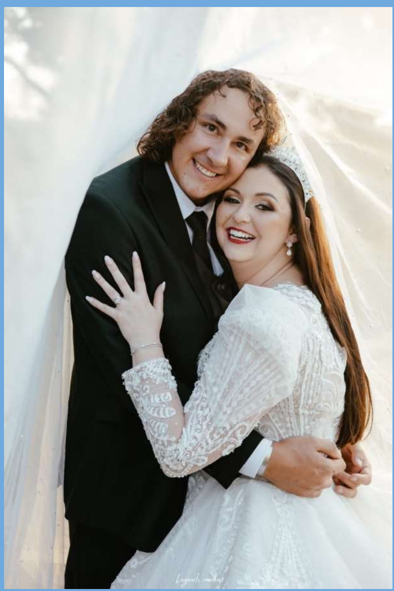
staff news

Geluk en totsiens Juf. Layla.

Liewe Juffrou Layla

Baie geluk met u troudag! Mag julle huwelik gevul wees met liefde, vreugde en seëninge. Ons gaan u baie mis, maar wens u alles van die beste toe vir die nuwe hoof-stuk in u lewe.

Totsiens en dankie vir alles!



Totsiens Mnr. Kobus

Beste Mnr Kobus

Baie dankie vir u jare se toewyding, wysheid en inspirasie. U nalatenskap sal lank by ons bly. Geniet elke oomblik van u welverdiende rus en nuwe avontuur!

NEW STAFF

HIGH SCHOOL:

TEACHER ELIZNA GIBSON

LIBRARY:

TEACHER JANKA LE ROUX